

taking a shower!

6:15 - Exercise (E)

7:00 AM - Eat (E)

7:55 AM - Potty (P)

After your puppy has some activity time, it's time for breakfast!

After a potty break, your pup needs some stimulation. Pick an activity from the "Exercise" section to do with your pup!

8:00 AM - Sleep Time (S) Time for a rest! Put your pup in his safe sleeping area so you can get some stuff done!

Eating often stimulates your puppy's need to use the restroom. Get your puppy outside for a potty break.

8:45 AM - Potty (P)

Yes, it's time for another potty break! Be sure to get your pup outside in order to prevent an accident from happening in your home!

Feed time #2 ensures your pup gets a steady stream of nutrition throughout the day without overfilling his/her tummy. Talk

10:00 AM - Sleep (S)

9:00 AM - Exercise (E)

Time for a rest! Let your puppy have some quiet time alone in his designated puppy area.

11:00 AM - Eat - Feed Time #2 (E)

10:45 AM - Potty (P)

11:15 AM - Exercise (E)

It's potty break time! Make sure you get your pup outside!

Your puppy is fully recharged and ready for some exercise!

With a full belly, your pup is ready to play again! Have fun!

Your puppy needs a rest! Place him in the crate/secure puppy area and enjoy your lunch!

You know the drill...make sure your puppy has an opportunity to use the restroom!

Time for another bathroom break! Be sure to get your puppy outside!

to your vet about how much you should feed your puppy at every meal!

1:00 PM - Exercise (E)

12:00 PM - Potty (P)

12:15 PM - Sleep (S)

1:45 PM - Potty (P)

Your puppy needs something fun to do! Go for a romp in the grass or pull out a fun toy and get some playtime in!

It's time for an afternoon meal! Bon Appetit!

2:00 PM - Eat - Feed Time #3 (E)

Make some time to play with your puppy!

3:00 PM - Sleep (S)

4:00 PM - Potty (P)

2:15 PM - Exercise (E)

It's time for your puppy to take another rest! You probably need one too!

After some time resting inside, be sure to get your pup out for a potty break!

4:15 PM - Exercise (E)

Your pup is ready for some more fun! Find a fun activity to enjoy together!

5:00 PM - Eat - Feed Time #4 (E) It's time for your puppy's final feed time! The closer you stick to a feed schedule every day, the more predictable your

puppy's potty schedule will become.

5:15 PM - Potty (P) Be sure to head outside for a bathroom break after dinner!

6:30 PM - Exercise (E)

Set your puppy up with a fun toy or spend some time playing on the floor together!

7:30 PM - Sleep (S)

8:15 PM - Potty (P)

After some activity, put your puppy in their safe space for a rest break.

After rest time, make sure your puppy gets a chance to use the restroom!

8:30 PM - Exercise (E)

It's time for the last activity time of the night! Play with your pup and do your best to tire them out so they will sleep during

bring them directly to his/her crate for bedtime.

the night!

10:00 PM - Final Potty and Bedtime

Set your puppy up for success by taking them out one final time for a potty break before bed. After your puppy goes potty,

RECOMMENDED DAILY FEEDING

USE A STANDARD 8 OZ. MEASURING CUP

Feed approximately 1/3 cup for every 10 pounds over 100 pounds body weight. Puppies may require 2-3 times the adult feeding amounts. For pregnant or nursing dogs, we recommend free-choice feeding. Always provide plenty of fresh water.

	DOG WEIGHT	CUPS PER DAY		DOG WEIGHT	CUPS PER DAY
TOY	3 lbs	1/3 cup 139 calories	MEDIUM	30 lbs	1 ^{3/4} cups 781 calories
	6 lbs	1/2 cup 233 calories		40 lbs	2 ^{1/4} cups 969 calories
SMALL				50 lbs	2 ^{2/3} cups 1145 calories
SWALL	10 lbs	3/4 cup 342 calories	LARGE	60 lbs	3 cups 1313 calories
	15 lbs	1 cup 464 calories		70 lbs	3 ^{1/2} cups 1474 calories
				80 lbs	3 ^{3/4} cups 1629 calories
	20 lbs	1 ^{1/3} cups 576 calories		90 lbs	4 ^{1/4} cups 1779 calories
				100 lbs	4 ^{1/2} cups 1926 calories





DOGGY DAN'S 8 WEEK OLD PUPPY POTTY TIME CHART

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Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
12:00-1:00 AM									
1:00-2:00 AM									
2:00-3:00 AM									
3:00-4:00 AM									
4:00-5:00 AM									
5:00-6:00 AM									
6:00-7:00 AM									
7:00-8:00 AM									
8:00-9:00 AM									
9:00-10:00 AM									
10:00-11:00 AM									
11 AM -12 PM									
12:00-1:00 PM									
1:00-2:00 PM									
2:00-3:00 PM									
3:00-4:00 PM									
4:00-5:00 PM									
5:00-6:00 PM									
6:00-7:00 PM									
7:00-8:00 PM									
8:00-9:00 PM									
9:00-10:00 PM									
10:00-11:00 PM									
11 PM -12AM									

POTTY EXERCISE

SLEEP

ADD YOUR INITIALS WHEN YOUR PUPPY WENT POTTY

ADD ANY COMMENTS BELOW



Not long ago your new puppy won you over with their sweet snuggles, loving eyes, and adorable wagging tail.

BUT now your pup is...

- Eating your furniture.
- Peeing on your carpet.
- Nipping at your kids.
- Constantly whining when they're not given attention.
- Not listening while you're trying to teach basic commands.

Sounds like you may have a case of the baby (or should we say "puppy") blues!

Puppies are adorable, but they grow up in a hurry. And **without a solid training program** in place, your pup can quickly become a real handful.

The worst part...

If you don't address your puppy's behavioral issues now, **they are only going to magnify** as your dog gets older.

Here's the good news. I want ALL puppy parents to succeed in raising calm, happy dogs.

To help you set a solid foundation, I'm offering 70% OFF my best, most comprehensive Puppy Coach training program!

